

Patience film script and audio description

Se

Start

Audio description: A busy London train station. Time-lapse with people hurrying around the station going about their business. Busy staircase and escalators.

Narrator: We're all just passengers. All making our way together, from our A's to our eventual B's

Audio description: Father with child in pushchair stands amongst the crowd.

Narrator: It's so easy to rush when we travel

Audio description: Businessman in wheelchair looks at train times whilst people hurry around him.

Narrator: as we return to our busy lives again

Audio description: Woman with headphones stands on the station concourse whilst people hurry around her. Elderly man with walking stick sits on a bench inside the station whilst people move around him.

Narrator: But what happens if we all start to slow down a little?

Audio description: Elderly man is standing amongst crowd looking at his watch.

Narrator: If we all take the time to acknowledge the people around us?

Audio description: Woman with headphones looks bewildered.

Narrator: We don't know everyone's story

Audio description: Father kneeling with young daughter in pushchair on station platform. He looks at her reassuringly.

Narrator: and not everybody wants to – or is able to – move as fast

Audio description: Elderly man with walking stick walks slowly and cautiously across the station concourse. He grabs the handrail and starts to walk down the ramp out of the station towards the street.

Narrator: And that's ok too

Audio description: Train comes into station platform. Father and child are standing on the platform by train and he reaches for the child's hand.

Narrator: We all need a little more patience

Audio description: Businessman in wheelchair moves through ticket gate.

Narrator: We don't always want – or need – any special treatment

Audio description: A member of station staff smiles and speaks to businessman in wheelchair.

Narrator: But we would all like to be asked

Audio description: Child pushes the lift button.

Narrator: That feeling when you know someone has taken the time to think

Audio description: Lift doors open. A man with a suitcase lets father and child in pushchair go into lift first before he follows them in.

Narrator: And recognised their intended destination isn't the only consideration

Audio description: Lift doors close.

Narrator: If we all take the time to pause...to recognise and respond

Audio description: Woman with headphones walks across station concourse, swipes card at ticket gate and walks through. She stands on the station platform and smiles.

Narrator: A smile...

Audio description: Another passenger picks up a pink rabbit soft toy that the child has dropped and passes it to the child in pushchair who smiles.

Narrator: a helping hand...

Audio description: Businessman in wheelchair moves across station platform and shares a smile with passenger on a bench.

Narrator:...a moment of our time

Audio description: Child smiles and hugs father. Elderly man with walking stick stands on ramp outside station.

Narrator: It all makes a big difference

Audio description: Woman smiles and is standing outside the station.

Narrator: We're all just passengers

Audio description: Businessman in wheelchair is outside the station.

Narrator: Making our way

Audio description: Father is holding child in his arms whilst she holds pink rabbit soft toy.

Narrator: All together

Audio description: Southeastern logo

Ends